

## FAMILY PEER SUPPORT SERVICES

Offered through Cattaraugus County Department of Community Services.

A parent-driven mentoring program designed to empower parents. It is sensitive to cultural differences while offering strenghts-based individualized support based on parents' goals.

### **Parent Support Groups**

#### Olean YMCA

1101 Wayne St.
Olean, NY 14760
Last Friday of each month
6-8 p.m. includes pizza, drinks
Childcare is provided

#### King Memorial Library

9538 Main St, Machias, NY 14101 Second Monday of each month 6-7 p.m.

#### Randolph Free Library

26 Jamestown St, Randolph, NY 14772 Third Tuesday of each month 6-7 p.m.



1439 Buffalo St. Olean, NY 14760 716-701-1135 www.rehabcenter.org

# FAMILY PEER SUPPORT SERVICES

Sometimes only someone who has experienced what you're going through understands.

Family Peer Support Services offers knowledgeable and trained peer advocates



who meet with parents to listen to their concerns. They connect parents with resources while

also encouraging them to advocate for themselves and their children.

Family Peer advocates have raised children who experienced social, emotional, developmental or behavioral challenges in their home, school, placement or community.

They have accompanied and advocated for youth through many complex systems. They understand the importance of having someone who is nonjudgmental, honors confidentiality and acknowledges the difficulties they face, with whom to discuss their parenting challenges.



For information, contact:

Jean Knapp,
Family Peer Support
Services Supervisor,
jknapp@rehabcenter.org
or 716-701-1135