

## Program Goals

- To provide the youth with a safe and structured environment where they can work towards achieving their goals while remaining involved with their families, their community and when able their outpatient providers.
- To help the youth and their family members strengthen their relationships by working on individual and family goals.
- Providing the youth the tools they need to successfully return home or to their community. This discharge resource is consistently reevaluated for readiness throughout the youth's stay at the Community Residence.
- To help the youth and their families identify family and community supports to which they can turn.

## Respite Service

The Community Residence also offers a Respite bed that can be utilized by youth within the community on a scheduled or emergent basis.

The Respite bed within the Community Residence provides access to families for temporary care of a child.

Community Residence workers supervise the child and provide a structured and safe environment. The goal of the community resident is to ease ongoing stress by promoting positive coping skills and strengthening family relationships.

The individual is given the opportunity to engage in activities with same-age peers to build age-appropriate social and behavioral health skills.

## Our Mission

Our mission at the ReHAbilitation Center Adolescent Community Residence is to consistently provide an environment and programming to the adolescents served that improves and sustains their health and wellness with the support and assistance of their families, staff, system partners and/or natural supports.

## Population Served

The Rehabilitation Center Community Residence is an eight-bed, co-ed program in Olean, NY, which provides out-of-home placement for youth ages 12-17 with a mental health diagnosis that are having difficulties with appropriate interactions at home, in school or in the community.

Eligible youth for the program are struggling with family relationships, peer and social interactions and school performance. They must have the ability to live in a community-based setting and participate in school, social and recreational activities and attend appointments in the community.



THE REHABILITATION CENTER

The ReHAbilitation Center  
1439 Buffalo St.  
Olean, NY 14760  
716-701-1135  
[www.rehabcenter.org](http://www.rehabcenter.org)



## COMMUNITY RESIDENCE AND RESPITE SERVICE

*Providing placement for youth ages 12 -17*

Licensed by New York State Office of Mental Health to provide out-of-home placement for adolescents struggling with home, school or community interactions.



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# Life at the Community Residence

The ultimate goal of the Community Residence is to support the entire family system to assist the adolescent's growth within a gently structured environment. It guides the family and young person to learn, internalize and generalize concepts of appropriate coping skills, life skills, behavior management techniques and parenting techniques.

The Community Residence programming for each adolescent is designed to support each individual's strengths and needs. The age, cognitive ability and capacity to maintain self-control, are all factored into the design of the youth's individualized service plan.

The youth, along with their parents/guardians, help generate this service plan. Through assistance from the Treatment Team the young person's and family's best interests are always at the forefront.

While at the Community Residence all individuals attend public school and encouraged to participate

in social and school activities when possible. The Community Residence has a recreation specialist who facilitates and encourages the individuals to participate in community activities.

We are committed to creating an environment that enhances each individual's full potential, through the use of a strengths-based, collaborative and trauma sensitive model of care.

## Admission

- Referral packets are available by calling the program case coordinator or supervisor.
- Referrals will be reviewed by the Referral Review Committee.
- Local SPOA committees representing the youth's county of origin should be aware of the referral and be part of the review process to promote continuity of care.

## Information Requested

- Psychiatric evaluation
- Psychological assessment
- Educational assessment / current school progress report
- Family / social history or assessment
- Current physical / medical assessment
- Referral form
- Consents for release of information
- Verification of SSI application or benefit
- Physician authorization for community-based residential services. Must have doctor's signature.
- CANS assessment
- Copy of birth certificate
- Copy of social security certificate
- Copy of insurance or Medicaid card
- Health intake form



## Core Services Provided

- Admission and discharge planning
- Teaching of daily living and social skills
- Behavior Management
- Crisis intervention
- Medication Therapy
- Family engagement
- Access to individual and family therapy
- Psychiatric consultation
- Service planning
- Case management
- Therapeutic Recreation
- Advocacy for and access to appropriate educational setting.